

RESONATE

ISSUE 13 / Autumn 2011



DENYING YOURSELF

More Satisfying Than A

Microwave Dinner



BY NAOMI GILBERT

+Plus

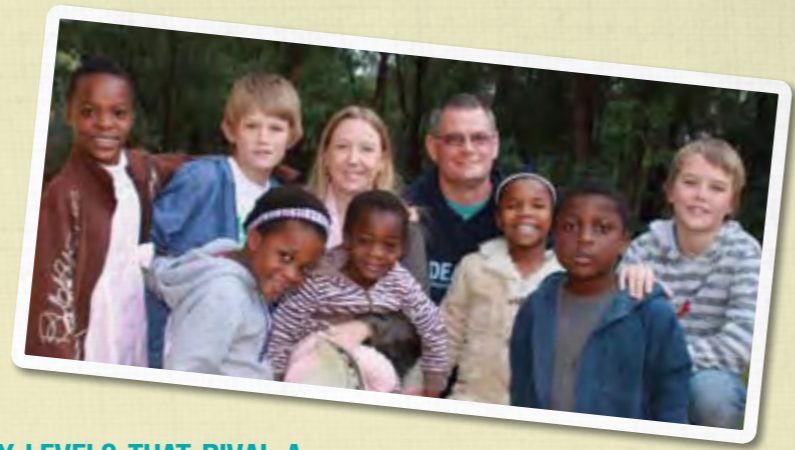
Facebook + Discipleship = Epic Fail?

Mark Sayers

Evangelism Today: Fire & Brimstone or
Intentional Relationships?



FIFTEEN MINUTES



SPORTING A BACK FULL OF TATTS AND ENERGY LEVELS THAT RIVAL A BULL ON STEROIDS, JOHN WILMOT IS A FORCE TO BE RECKONED WITH. EARLIER THIS YEAR HE, HIS WIFE ANGELA AND THEIR CLAN OF SEVEN (YES, SEVEN!) KIDS MOVED TO NEWMAN IN OUTBACK WA TO SUPPORT THE FAITH COMMUNITY AMONG THE INDIGENOUS MARTU PEOPLE.

So are you a real-life Crocodile Dundee?
Just a simple Dundee. There aren't any crocs out our way.

What do people think about all your tatts?
As much as I thought my 'Mum and Dad' tatt would impress my parents, it didn't. Mum just couldn't get over it when I had an image of Jesus tattooed on my back as a 17 year old, nearly a decade before I began my relationship with Christ. In Newman, when a guy saw me playing footy, he asked: "Who's that? Did he just get out of prison?" When he was told that I was the new Baptist Reverend, his response was: "Cool!"

Who is an inspiring character in the Newman community?
Mr Tinker has journeyed with most of the missionaries in the area during the last forty years.

He is open, warm, and knowledgeable which helps me feel that I belong somehow. He is fully Martu in every cultural sense and has a deep faith in Jesus that directs his whole life. This leads me to deep reflection about who I am and what it means for me to belong.

What have you learnt from the Martu people?
Belonging is important. Privacy matters. Culture defines us. Context is everything. Home is not necessarily one location, but a geographical space where several locations can be equally home.

Do you ever get your kids' names mixed up?
All the time. It doesn't matter which one I call, I still have to recite all their names until I finally say the right one.

You have been a part of cross-cultural mission for more than 12 years now, what keeps you motivated?

Time and time again I see that the Good News really does impact people's lives when given the chance to be free to do what it was designed to do. I've found God has as much to say to me as he does to those he wants to love through me. This is made even clearer as I live outside my inherited cultural map in cross-cultural settings.

What's the trick to throwing a boomerang?
Make sure you duck.

Pop Quiz

1. How many kilometres into the Atlantic Ocean from the mouth of the Amazon River would you have to go to be in salt water?
2. Name the three countries that the Kalahari Desert predominately covers.
3. In which year did Malawi declare independence from the United Kingdom?
4. Approximately what percentage of Cambodians rely on agriculture for their livelihood?
5. Which Asian country was formerly known as Siam?
6. Where is the world's longest fence?
7. In which country would you find the cities Aktobe, Shymkent and Almaty?
8. What is the Baikonur Cosmodrome?
9. What are the four colours on the Torres Strait Islander flag?
10. What is the official language of East Timor?

1 400km 2 South Africa, Botswana, Namibia (also encroaches into Angola, Zambia, Zimbabwe) 3 1964 4 54% 5 Thailand 6 Australia 7 our Dingy Fence is 5,400km long 8 Kazakhstan 9 The world's first and largest space launch facility - located in Kazakhstan 10 Portuguese

The Blog

SOMESAYPIP – PIP REFLECTIONS ON FAITH, CULTURE, AND LIFE AS A MODERN DAY MISSIONARY

Snapshot Summary

We may be saturated by blogs these days, with every man and his dog posting their navel-gazing epiphanies, but here's one that's worth checking out! Pip, Global Interaction cross-cultural worker in Cambodia's backwater border town of Poipet, keeps us up to speed on what's going on in her neighbourhood and in her head. She posts bite-sized thoughts for the day, longer reflections, pictures that capture what words cannot express, and truly honest reflections of the joys and struggles of living in God's not-quite-yet-complete Kingdom. The world of cyber relationships and connections is frequently criticised for lacking depth and meaning, but Pip's reflections counters this trend.

Recommended For

Anyone who spends time online. Anyone that's curious about everyday life in a country other than Australia. Anyone who has an inkling of interest in cross-cultural mission. Anyone that wants a reason to laugh, to be challenged about their thoughts and actions, to be inspired.

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MARINATE

YOUR MIND

Cover image by Gisela Francisco, supplied under Creative Commons

THE WAIT IS NEARLY OVER! RESONATE'S REGULAR WORDSMITH, MEL IS ABOUT TO LEAVE AUSSIE SHORES FOR HER NEW HOME IN SOUTH EAST ASIA. WE CHECK IN WITH HER IN THE MIDST OF A SOMEWHAT CHAOTIC TIME OF PACKING AND MINISTRY WRAP-UP TO ASK HER THE ALL IMPORTANT QUESTION...ARE YOU READY?



Adventures with Mel



As I start packing, I wonder how I accumulated so much junk. I mean, do I really need the charger for a camera that I no longer own? Is my library of C.S. Lewis books truly a necessity? Should I buy one of those e-book reader things? Do I really need to leave my coffee machine (better known as my life-blood)? Oh my goodness, did I buy bug spray, I hear the mosquitoes are horrible there.... As you can see, my thoughts digress rapidly.

In the midst of the culling of 'stuff', I've sifted my way through items with sentimental value. A rusty key chain from a missions trip four years ago - leave. Pictures of my nephews - copy to hard drive and take. The multi-coloured jumper Grandma knitted just for me - leave.

As hard as it is to leave my coffee machine (for he has been good to me) there are some less tangible things that will also stay behind. My friends, who have been my family here for the past seven years will NOT fit in my suitcase! **It is hard for me to imagine leaving my Aussie family, yet past experiences have taught me that they will continue to be a vital part of my life, no matter where we are in the world** (hurray for Skype!).

I am also leaving behind a ministry in Australia that is thriving. It will be difficult to say goodbye to the people and places, and yet it is actually inspiring to see something that I have loved and lived now fully in the hands of God. God does His work before me, with me, and will continue the work after I'm gone. **For now, I get a chance to be involved in the expansion of His Kingdom in a whole new way and environment.** In a country that is far, far away there are people who He knows and loves that I will get to meet, to learn from, to laugh with and to cry with.

So, am I ready? I know there may be things I'll forget (like my toothbrush) and there is much that I can't really plan for. But I also know that God is making me into a person who can face any obstacle and know with confidence that He is right there with me. And He is more than enough. So yes, with Him, I'm ready.



DENYING ✕ YOURSELF



More Satisfying Than A Microwave Dinner

NOT THREE YEARS INTO HER JOB, AND BARELY THREE MONTHS INTO HER MARRIAGE, NAOMI GILBERT IS WARY OF THAT CLASSIC ESCAPIST ITCH. WHEN IT STARTS TO GET TOUGH, CAN YOU JUST GIVE IT THE FLICK AND TRY SOMETHING NEW?

I think the microwave could ruin my marriage.

Don't get me wrong, it's not that hubby is serving up less-than-desirable microwave meals. His culinary skills (or lack thereof) are not the culprit of our demise.

But if there is one thing that the microwave has taught me, it is that great things can be produced with a simple touch of the button. Reheated leftovers anyone?

Yes, slow cooked lamb shanks with oven roasted potatoes, a classic dessert of French crème brûlée and a glass of well-aged red may leave the mouth watering.

But it's such damn hard work! Time is precious, as are dollars, energy and enthusiasm. And who can be bothered with all the marinating, whisking and proving, when a quick flick of the 10 Minute Meals and hey presto it's done?

While I don't think that serving up a simple meal is a major moral dilemma (Jamie Oliver may beg to differ), I'm beginning to wonder what happens when this quick-and-easy attitude pervades other aspects of my life? What happens when I start approaching my marriage or my job with a similar outlook? My church? My friendships, ministry, neighbourhood? Even my relationship with God?

Even beyond my kitchen I see people trying to escape the hard yards. The long-term reward, while in most cases infinitely better, is so far off and so much more hard work, that we're not willing to deny ourselves and pay the price. The quick-fix option is easier, and it makes me happy – now.

The indicators of people not slogging it out for the long-term good, are everywhere.

Marriage is down. Divorce is up. ¹ Close to one in five students drop out of university by the end of their first year. ²

People stick at a job for an average of just four years (in 1959 it was 15 years). ³

More than 32% of people admit to being unfaithful to their partner (and what about those who don't admit it). ⁴ People are leaving the church in droves. ⁵

It seems when the going gets tough... it's dump and run. We leave our beloved, go backpacking across South East Asia, embark on a new career, or take up yoga – Eat, Pray, Love style. And we're left wondering why these lifestyle tweaks don't meet that nagging need for fulfilment.

But real fulfilment requires sacrifice. Surely Jesus taught us that.

Early days in heaven, life couldn't be sweeter as the truly divine. Then he landed on earth as a mere human: a peasant girl wiping his baby backside; on the run as a refugee; the calloused hands of a tradie; and though he repeatedly explained it, that bumbling band of followers never seemed to fully get what he was on about. I wonder if Jesus ever stopped and thought: I gave it all up for this?

Luckily for us, Jesus kept his sights set on the long-term Kingdom purpose, not his own pleasure and comfort. But even in Gethsemane he had to call on his Father in order to be re-energised for the hard task ahead. And praise God, he went through with it – the ultimate sacrifice – he laid down his life so that we can live.

As followers of his way, we're called to imitate his lifestyle of sacrifice. Jesus put it plainly when he said: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me." ⁶ Deny myself? Really?

I imagine that daily denying myself and taking up my cross looks a little different today than it did in first century Rome.

Perhaps it looks like my friend who left his budding IT job to take on a teaching role in a down-and-out suburban high school with the hope of making a difference for the next generation. Or the young couple down the road who live with their parents, not so they can save up for a place of their own, but rather to reduce their environmental and economic impact. Or the mother who gave up the well-paid and highly esteemed career ladder climb to care for growing children. Or the family that moved in with a refugee woman to look after her children while she undergoes intense dialysis treatment. ⁷

Maybe it looks like Jonno and his family, who are Global Interaction cross-cultural workers doing the hard slog in Mozambique. Daily denying yourself in a mission setting is a whole different kettle of fish: language and cultural blunders; family and friends are miles away; and building relationships and talking about Jesus is a tough process. But get excited, because just recently one of Jonno's friends there made a decision to follow Jesus. He's one of the first Yao believers in the area. ⁸ Five years of friendship, conversations and prayers is all it took. Not much!

Then there's Cam and Kath who pretty much live the Australian dream. They've got it all – university degrees, their own home, 2.5 kids (there's one on the way), financial security, and even a dog named Dozer. But they've decided to leave it all behind and join the Global Interaction team in Mozambique. Long-term.

Why long-term? Global Interaction doesn't want people to rush in with all the quick-fix solutions then rush out again. Chris Barnden, who looks after the Global Interaction cross-cultural teams says, "Sometimes I worry that real spiritual transformation won't happen in these communities unless people are there for the long haul. We want our teams to learn the language, understand the culture and get to know people. It is only by doing this that we can really empower communities to develop their own distinctive ways of following Jesus."

It's a big commitment, requiring daily faithfulness and sacrifice.

But, what a powerful message to those around us about how important and impacting the gospel is, when we show we're willing to give up everything else so that others can hear it too. In a world that screams "Me, Me, Me", we're called to stand apart, for our lives to cry, "There is something bigger than me!" Something more important, worthwhile and everlasting (and not as instant as two minute noodles).

A long-term relationship with Jesus is so much better than any of the other things we could acquire in the short-term – money, prestige, fun experiences, facebook friends. I want more people to know him. But it will only happen if I am willing to deny myself, to forgo my own pleasure, comfort and ease. It's worth it.

Sort of like the lamb shanks I'm going to cook my husband for dinner.

¹ ABS stats

² Australian Government figures, Dec 2009

³ McCrindle Research, 2010

⁴ The Age, Jan 2011

⁵ Transforming Melbourne, 2009

⁶ Luke 9:23

⁷ All characters appearing in this paragraph are not fictitious. Any resemblance to real persons, living or dead, is not coincidental.

⁸ The Yao are a Muslim people group in Southern Africa who have limited access to the gospel.

EVANGELISM TODAY

FIRE + BRIMSTONE OR INTENTIONAL RELATIONSHIPS?

EVANGELISM. Surely it's a relic of the past. Something done only by fanatics in by-gone eras, back when we were not such an 'enlightened' and 'tolerant' society. There's men standing on soap boxes in busy streets shouting terrifying verses from Revelation about the "end being nigh", Satan, fire, brimstone and all that... Cringing yet?

Let's face it, we're all fairly terrified of imposing our beliefs on others...of facing rejection from friends, of the cynical smirk or roll of the eyes that might come when we tell someone that we are a Christian. Sharing our beliefs and encouraging people to discover Jesus isn't exactly rewarded by our society. We're told it's ok to believe in something greater, just as long as we keep it to ourselves.

But what do we do with Jesus' call for us to go and make disciples of all the world – among our friends, our neighbours and the thousands of unreached people groups across the globe? If we ignore this call, are we then labelling Jesus out of touch with the world we live in?

Hmmmm. Safe to say that the creator and sustainer of the world and every human being in it probably has a good grasp on our current societal trends and human tendencies. Surely his message and call can't be dismissed as out of touch. But how can that message resonate in a world that doesn't seem to want to hear it?

Thankfully, God himself modelled evangelism through Jesus by getting up close and personal in our world. Quite clearly, God's method of evangelism was relationships. Think about how Jesus journeyed with people and made true and authentic friends. He ate meals with them, wept, laughed and demonstrated the Father's grace, mercy and love for justice.

So it's actually pretty straightforward. We can leave the soapbox at home, stop yelling at people to 'turn or burn' and instead focus our daily interactions with people on seeing God come alive in their world.

POINTERS IN BUILDING GOD CENTERED RELATIONSHIPS

Get out of your Christian Bubble

Did you know 80% of people have come to know Jesus through a relationship with a Christian friend?¹ It is often easiest to surround ourselves with other Jesus followers because they just 'get' us. But building relationships with others from different or no faith standing is just as important as belonging to a tight church community.

Check your motivations

The reason for building a relationship with someone should not be to tick them off your conversion checklist. Instead, true relationship comes from a genuine love for others.

Go Deeper

Rather than avoiding deep conversations or throwing a bible at your friend who might be searching, why not start engaging with their thoughts and questions as a part of your relationship with Jesus. It's not about having all the answers but seeking to deepen your own faith and understanding. Then when the questions from your friends come, there is no need to freak! You can share your authentic experiences and stories of your journey with Jesus.

Hang Out

Real relationships and friendships take time to develop. Jesus spent three years with the disciples who followed his every move. While it is great to catch up with the live feed on Facebook, nothing beats hanging out with people over a good meal, down the beach or wherever else real live people interact.

¹ This statistic is based on a US survey of 15,000 people as mentioned in the book *Kiss and Tell: Evangelism as a Lifestyle* by Pete Gilbert



GLOBAL INTERACTION'S VICTORIAN INTERNS FLEW FROM FAMILY, ASSIGNMENTS AND JOBS TO EXPERIENCE THE BEAUTIFUL COUNTRY AND PEOPLE OF CAMBODIA. THEY SPENT TIME LEARNING LANGUAGE, MEETING CROSS-CULTURAL WORKERS AND SEEING FIRST HAND HOW LIVES ARE BEING CHANGED BY THE MESSAGE OF JESUS. THEY GIVE US A SNEAK-PEEK AT HOW THIS EXPERIENCE IMPACTED THEM AS THEY SHARE THOUGHTS FROM THEIR JOURNALS WITH RESONATE READERS.



Derek ★ Day 2 ★ Phnom Penh



Nathan ★ Day 5 ★ Phnom Penh



Jill ★ Day 7 ★ Phnom Penh

This morning as I walked out the front of the hotel I was absolutely amazed to see a Bentley R (half a million dollar car) driving down the street. I found myself getting angry at the person who was in the back of the chauffeur driven car. How can they live with such extravagance considering the many Cambodian people living below the poverty line? But you know what? I'm realising that I am just the same as that person sitting in the back of the Bentley. Lord please...please help me to work out how I can live in Australia and respond to the real issues in the world in a way that honours, glorifies and worships You.

The Sunshine Centre for Children is amazing! It's great to see how just a few people doing something as simple as feeding children meals for only three cents per child per meal can make a huge difference. It keeps families together and kids out of orphanages. It really is mind blowing!

God can and will use anyone who lets him. He will call and equip his people to do his work, not always when we are young and not always when we expect it. After meeting people here this week who have left all that is familiar to them to reach out to the Khmer people I am filled with excitement, anticipation and nervousness as I realise long-term mission isn't off the drawing board for my husband and me. I'm also filled with admiration and inspiration after spending time with people who have boldly chosen to live in a foreign country and leave their careers, families and lifestyles behind.



Lydia ★ Day 16 ★ Battambang

Today we visited two Khmer Churches. It was just wonderful. They welcomed us so warmly and really honoured our presence there. One of the churches was founded by a lady who had become a Christian in the refugee camps (in Thailand). She told God that when she was returned to Cambodia she would start a church, and she did. Not only that but she now supports five orphans as well. Her faithfulness just blew us away. I'm just so blessed to have heard and experienced it.



Dave ★ Day 18 ★ Poipet

The perspectives of the cross-cultural workers are ALL on the big picture. While they each have specific skills that they are able to use, their focus is much greater. Developing leaders, improving lives, sharing the message of Jesus – eternal things.



Haylee ★ Day 11 ★ Siem Reap

Sunrise at Angkor Wat. Together our team had communion as the sun rose over the temples. The artistry and sheer scale of the work carried out at these temples is amazing. We have commented a few times about the devotion the people must have had to their gods. We have also wondered what will be left as a sign of our worship to God in years to come. Maybe not buildings, but hopefully people's, families' and communities' lives forever changed.



CULTURE AND FAITH EXPERT, MARK SAYERS, EXPLORES HOW OUR SOCIAL NETWORKED, STATUS-DRIVEN LIVES ARE FAILING TO DEVELOP DISCIPLES WITH REAL DEPTH.

There's been a lot of hype over social networking. The Facebook phenomenon has created a loose, organic network that allows you to talk to a wide range of people. While this offers a lot of breadth, there's not a whole lot of depth. As we all know, the more invites you get on Facebook the more you ignore them. So it seems the larger and looser the network, the less effective it actually becomes.

The big risk is that we see social networking as the magic bullet to our own isolation. The Church is looking for the simple solution that will make discipleship happen. But that bullet simply doesn't exist. Real social change is borne out of a deep commitment to the cause, with dedicated people and a deep connected engagement. Something that Facebook activism and 'come as you are' networks don't provide.

If you're looking for a tool for social change – like seeing a group of people becoming followers of Jesus – then you've got to admit that social networking is pretty weak. Especially when compared to the tried and tested methods of people believing in something passionately and having a focused approach.

PRINCIPLES FOR SOCIAL NETWORKING

#1 NEVER LET IT BECOME A REPLACEMENT FOR REAL FACE-TO-FACE RELATIONSHIPS.

#2 DON'T FORGET JESUS' TEACHINGS ON HUMILITY AND NOT LETTING YOUR RIGHT HAND KNOW WHAT YOUR LEFT HAND IS DOING. MAYBE YOUR HUNDREDS OF FRIENDS AROUND THE WORLD DON'T NEED TO KNOW ALL THE GOOD DEEDS YOU/YOUR CHURCH ARE DOING ALL THE TIME.

#3 BE CAREFUL OF CREATING A CULT OF CELEBRITY AND FALSENESS OF YOUR LIFE THAT DOESN'T REALLY EXIST.



This is what gets me worried about our current predicament. Most people have jumped on social networking. Many have learnt how to do excellent large-scale events. We have discovered how to focus on 'hot button' issues that resonate with this generation. **But the Church has had to tweak and bend to engage in this new medium. It's not a natural fit.**

A pastor friend of mine recently said how he's sick to death of all the, *'it's gonna be a phenomenal night at church tonight'* updates on Facebook that other leaders post, trying to ensure attendance. It's exhausting.

My fear is that we have done a terrible job of going deep in creating the kind of personal commitment, discipline and readiness that we need to turn our situation around. I believe there is a big difference between getting someone interested in a four-week Coke Zero campaign, compared to getting engaged in a movement that involves devotion and worship. **It is far better to have a smaller group who is deeply committed to the cause versus a large semi-interested crowd.**

Of course, social networking in and of itself isn't evil. Instead, I believe Facebook reflects where we're at – that we are shaping Facebook far more than it's shaping us. **The fact that Facebook is narcissistic is because we are.**

As someone who uses the Internet a lot and has a blog that is well read, I am constantly self-examining and checking with others to make sure I don't fall into self-promotion. For instance, I deliberately don't promote who I'm meeting with via Twitter messages. This constant self-examination is key. And yet we cannot deny that Facebook and Twitter have helped speed up feedback and given us greater reach than ever before. They are great tools for resourcing and connecting networks.

But they are not the answer.

Ultimately, the methods of creating social change have not really changed that much. Commitment to a cause is infectious, but it is hard to catch across a computer screen or at a large event. It is caught in person. Therefore **at the end of the day it is about discipling others.**

Jesus was born into a culture where the apprenticing model of the Rabbis was normative. Jesus' statement that his followers must hate their families in order to be his disciples – which is so deeply shocking to our modern sensibilities – was actually not so shocking to Jesus' hearers because it was a well-known Rabbinical saying, underlying the importance of apprenticing yourself to a spiritual guide.

At its heart, following Jesus is about a constant dying to self in order to live for Him.

Social media can work when it helps us achieve this goal. And so the challenge for us is to take all of the tools that give us such breadth and meld them with the challenge to go deeper. Screens – on our laptops, iPhones and stages – can transfer important information. But the task of discipleship, of creating passionate followers prepared to die for a cause, can only happen face-to-face.

Mark is Senior Pastor at Red Church, a Church of Christ in Melbourne and Co-Director of Uber Ministries. This is an edited and re-framed excerpt from Mark's blog, marksayers.wordpress.com

TOOLS OF THE TRADE

Skills in Action

I grew up on a farm in country WA, the son of a farmer. When it was time to decide what I wanted to do with my life I didn't have many ideas except that I didn't want to be a farmer... but I still wanted to remain involved with the farming community. I wasn't sure if there were many options. Then I realized that I could muster up enough points to get into Agricultural Science. So I gave it a go. After four years of study, and a piece of paper to prove it, I still wasn't clear where I was meant to work. Then a PhD project cropped up (pardon the pun) and through working on that I figured out I was meant to be a plant breeder!



had me involved in breeding better varieties of canola. My goal has been that farmers in Australia can have varieties of the crop with

better disease resistance and more yield, so that you can buy margarine with a healthy red tick on the side.

I feel that God led me down the path of plant breeding for a reason and purpose, as well as planting in me an interest in sharing the person of Jesus in a cross-cultural setting. I am excited to see how God may bring these things together in Mozambique. Improved plant varieties have the ability to change a family's situation. This could mean the difference between experiencing a hungry few months as the food runs out, to having enough to sell and invest in other essentials to improve life. How this will work in Mozambique I'm not sure. It may not involve me doing dedicated plant breeding but God guided me down a path that I didn't even know existed (who knew plants needed help to breed) and I'm sure He is ahead of us now as well.

Plant breeders improve the genetics of agricultural crops so that farmers can grow more with less. This means that farmers get more yield, use less water and fertilizer, and then get more yield of a better quality product at harvest time. For the last few years this has



NameCameron
 Age32
 Home townPerth
 Current locationPerth
 ProfessionPlant Breeder
 EducationBachelor of Science (Agriculture),
 PhD Plant Breeding
 Previous experienceCanola Breeder
 Years in fieldNone yet!

COOKING CULTURALLY

Kha Moan

(Cambodian chicken in palm sugar)

Serves 4



Recipe Reviews

★★★★

Julie: I used brown sugar rather than the palm sugar, it worked well. Simple to make and tastes great.

★★★★

Mark: Wow, this dish is definitely for the sweet-tooth! But it's good and so easy to make. I added some crushed peanuts in at the end - gave it some good crunch.

★★★★

Frances: I served the dish with rice and a green salad (cucumber, coriander, tomato, ginger and chilli). A quick and tasty meal.

Buy it:

- 500g chicken, cut into chunks
- 1½ tbsp palm sugar (buy from any Asian grocery store)
- 1 tbsp garlic, chopped
- 1 tbsp dark soy sauce (optional)
- 1 cup water
- 1 tbsp fish sauce
- 1 tsp salt
- 1 tsp ground black pepper

Do it:

1. In a pot, heat the palm sugar.
2. When it starts to bubble, stir in garlic until golden.
3. Add chicken pieces and dark soy sauce, moving it around the pot to ensure the palm sugar and garlic coat the chicken thoroughly.
4. When cooked, add water and simmer until the sauce reduces down and the chicken turns golden.
5. Add the fish sauce, salt and black pepper and serve.

Best served with white rice and some form of Asian greens

Eat it: (as the Khmer do)

1. Have one person serving the rice, putting a scoop on each plate.
2. Only use a fork and spoon, no knives needed. The spoon is the main utensil, use the fork to help move food onto the spoon.

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develop their own distinctive
ways of following Jesus

