

Full Mending! Series

Joining with God in mending
a beautiful, broken world.

1. **Renewing:** Galatians 5:16–17, 22–26
It starts with us.
2. **Relating:** Matthew 4:18–22
It's always about relationships.
3. **Restoring:** Luke 4:14–21
It's about the whole Gospel for the whole world.
4. **Responding:** John 1:35–42
It's about availability.



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Mending!

Youth Activity 1: Prayer Walk

Mending! Theme: Renewing

Key Scripture: Galatians 5:13–22

Time: 30 mins

Aim: To engage youth in the idea that being a co-mender starts with being in step with God's Spirit. In Galatians 5, we discover that as we are renewed daily by the Holy Spirit, we can learn to live, look and love more like Jesus.

Activity Steps

1. Introduction

- » Gather youth together in a comfortable space conducive to prayer and reflection. Read Galatians 5:13-22 together.
- » Begin with a short explanation of the concept of taking steps into new life (verses 16-17) rather than steps into death (verse 19).
- » Gather youth into pairs or small groups and invite them to list / explore what it looks like to walk with the Spirit versus walk according to the flesh.

2. Prayer walk

- » Identify a designated space for a prayer walk.
 - This could be a community space (main street) for an outdoor walk or you can create an indoor virtual walk by taking pictures of local places and placing them around the room.
 - Other photo ideas for indoor virtual walk: Abstract images that represent life, community, love, living with the Spirit or living according to the flesh. Images that depict other countries or cultures, particularly if they relate to the context of the team members you partner with.
- » Ask youth to walk through the space, with eyes wide open, noticing signs of life and signs of flesh. Ask them to gather in prayers or groups to pray that life and love would replace the works of the flesh in their community and their own lives.

3. Fruits of the Spirit prayer

- » Call the group back together and offer them fruit. Label each type of fruit with one of the fruits of the Spirit i.e. joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.
- » Ask the group to share how their lives, youth group and mission partners might be transformed if they demonstrated the fruit of the Spirit.
- » Finish the exercise with a group prayer for an openness to the Spirit and his renewing work in their lives.

4. Continued engagement

Leaders: How can you come back to these ideas of the walking with the Spirit and embodying the fruits of the Spirit? Are there ways this can be built into your youth group as a regular topic for prayer, discussion and action?

Go Deeper

To extend the session or explore the theme of Renewing in your small groups, run the activity alongside questions, explorations and prayers in the Menindg! Pastor's and Leaders Guide.



Use the QR code, or navigate to the Pastor's and Leader's Guide on this page: www.baptistmissionaustralia.org/Mending